

# September

# Positivity



Focusing on solutions not problems

Thinking about the next step rather than what went wrong

**October**

**Tolerance**



**Accepting ourselves**

**Accepting others**

# November

# Peace

**Respecting each other**

**Acting with compassion**

**Reflecting on your choices  
and actions**



# December

# Resilience

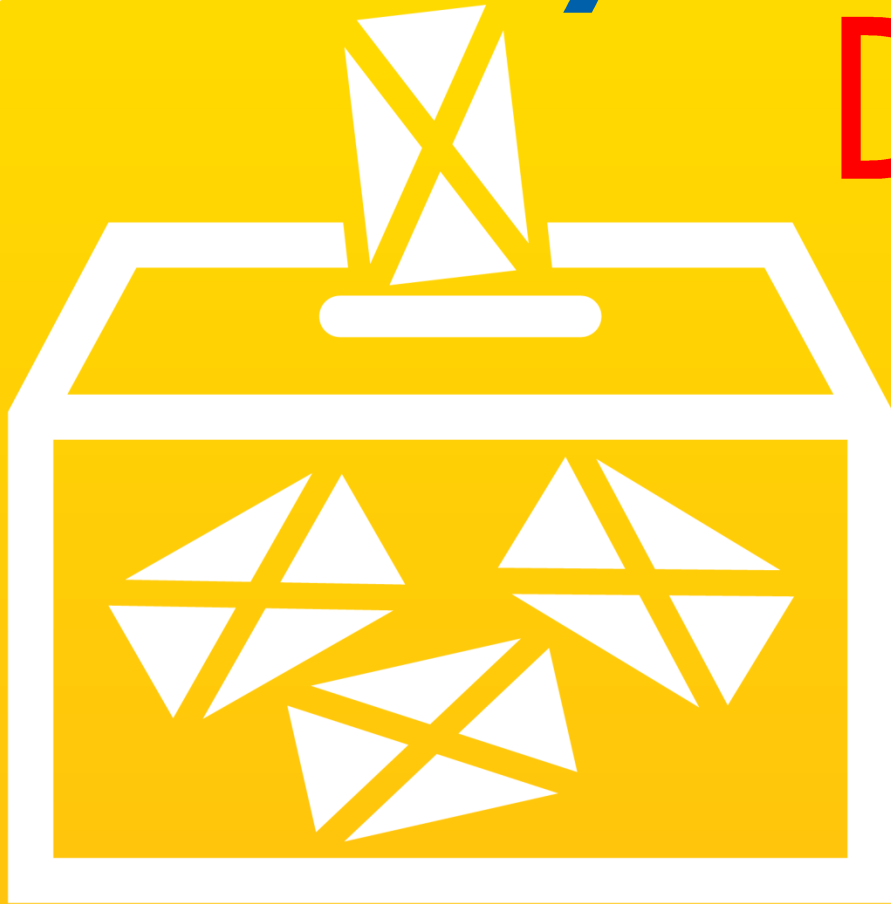
**Moving forward positively  
after a problem**

**Working together when  
things get tricky**

**Trying hard not to give up  
or be negative**



# January



# Democracy

**Taking part**

**Listening to the views of others**

**Helping make decisions**

**Having an opinion**

# February



# Love

**Giving compliments not criticisms**

**Doing things to make others happy**

**Thanking people**

**March**

# Forgiveness

**Understanding the  
feelings of others**

**Showing empathy**



**April**

**Freedom**

**Remembering our rights  
and responsibilities**

**Expressing yourself**

**Encouraging others to  
respect themselves**



**May**

# Honesty



**Telling the truth**

**Speaking from the heart**

**Accepting the  
consequences and facing  
them**

**Doing what you say you  
will do**

**June**

# Humour



**Being cheerful if things  
are a bit tricky**

**Enjoying a joke**

**Making sure we laugh  
each day!**

**July**

# Charity

**Thinking of people who  
are not as lucky as us**

**Sharing what we have  
when we can**

**Taking action to make a  
difference to others**