

Physical Education Key Vocabulary 2021-22

AUTUMN TERM	
Year Group	Vocabulary
Nursery	Key vocabulary: roll, crawl, walk, run, jump, skip, slide, hop, slither, shuffle, catch, climb, snip, draw, cut.
Reception	<p>Revisit nursery vocabulary: roll, crawl, walk, run, jump, slip, slide, hop, slither, shuffle, catch, climb, snip, drawn</p> <p>Key vocabulary (topic specific - dance): movement, gesture, create, dance.</p> <p>Ongoing Reception vocabulary: push, pull, throw, kick, follow, lead, copy, gallop, exercise, position, over, under, through, along, direction, control, strong, firm, gentle, heavy, stretch, reach, tense, floppy, space, cut, write, stop, start, heart rate, warm down, cool down, safety.</p>
Year 1	<p>Revisit Reception vocabulary: push, pull, throw, kick, follow, lad, copy, gallop, exercise, position, over, under, through, along, direction, control, strong, firm, gentle, heavy, stretch, reach, tense, floppy, space, cut, write, pat, bounce (ball), race, balance, travel, movement, gesture, dance, create, stop, start, heart rate, warm down, cool down, safety.</p> <p><u>Topic: gymnastics</u></p> <p>Revisit Reception vocabulary for topic: bounce, travel</p> <p>Year 1 topic specific vocabulary: land, high, low, coordination, shape, wide, thin, curled, tall, forwards, backwards.</p> <p><u>Topic: dance</u></p> <p>Revisit Reception vocabulary for topic: movement</p> <p>Year 1 topic specific vocabulary: fast, slow, shapes, high, low, wide, thin, curl, body parts, hold shapes, spiky, mirror, float, pattern.</p>

	<p>Ongoing Year 1 keywords: land, high, low, coordination, shape, wide, thin, curled, tall, forwards, backwards.</p> <p><u>Topic: ball skills and games</u></p> <p>Revisit Nursery and Reception vocabulary for topic: balance, throw, roll, bounce, kick, run.</p> <p>Year 1 topic specific vocabulary: co-ordination, catch, dribble, hit, pass, stop, left, right.</p> <p>Ongoing Year 1 keywords: bounce (body), land, high, low, coordination, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, curl, body parts, hold, shapes, spiky, mirror, float, pattern, sequence.</p> <p><u>Topic: throwing and catching/aiming games</u></p> <p>Revisit Nursery and Reception vocabulary for topic: throw, roll.</p> <p>Year 1 topic specific vocabulary: opposition, dribble, co-ordination, aim, target, steer, catch, overtake.</p> <p>Ongoing Year 1 key words: bounce (body), land, high, low, coordination, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, curl, body parts, hold shapes, spiky, mirror, float, pattern, sequence, catch, dribble, hit, pass, stop, left, right.</p>
Year 2	<p>Revisit Year 1 vocabulary: bounce (body), land, high, low, travel, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, hit, pass, stop, left, right, opposition, aim, target, steer, star, tuck, straight, land, log roll, perform, speed, steady beat, control, spin, rules, underarm, overarm, bowl, sprint, job, land, height, batting, fielding, space (free space), pass.</p> <p><u>Topic: games</u></p> <p>Revisit Nursery and Reception vocabulary for topic: throw, run, bounce.</p>

	Revisit Year 1 vocabulary for topic: catch, opposition, aim, co-ordination.
	Topic specific: send and receive, agility
	<u>Topic:</u> gymnastics
	Revisit Year 1 vocabulary for topic: co-ordination, sequence
	Topic specific: forward roll, tension, improvement, handstand, extend.
	Ongoing Year 2 key words: send and receive, agility.
	<u>Topic:</u> dance
	Revisit Reception vocabulary for topic: movement
Topic specific: feelings, formation, rhythm, fluency, fluid.	
Ongoing Year 2 key words: send and receive, agility, forward roll, tension, improvement, handstand, extend.	

SPRING TERM	
Year Group	Vocabulary
Nursery	Key vocabulary: roll, crawl, walk, run, jump, skip, slide, hop, slither, shuffle, catch, climb, snip, draw, cut.
Reception	Revisit nursery vocabulary: roll, crawl, walk, run, jump, skip, slide, hop, slither, shuffle, catch, climb, snip, draw. Key vocabulary (topic specific - gym): balance, travel

	<p>Ongoing Reception keywords: push, pull, throw, kick, follow, lead, copy, gallop, exercise, position, over, under, through, along, direction, control, strong, firm, gentle, heavy, stretch, reach, tense, floppy, space, cut, write, stop, start, heart rate, warm down, cool down, safety.</p>
<p>Year 1</p>	<p>Revisit Reception vocabulary: push, pull, throw, kick, follow, lead, copy, gallop, exercise, position, over, under, through, along, direction, control, strong, firm, gentle, heavy, stretch, reach, tense, floppy, space, cut, write, pat, bounce (ball), race, balance, travel, movement, gesture, dance, create, stop, start, heart rate, warm down, cool down, safety.</p> <p><u>Topic: dance</u></p> <p>Topic specific: shape, body parts, performance, speed, steady beat, control, spin.</p> <p>Ongoing Year 1 key words: bounce (body), land, high, low, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, hit, pass, stop, left, right, opposition, dribble, aim, target, steer, overtake, star, tuck, straight, land, log roll, perform, speed.</p> <p><u>Topic: bat and ball skills and games/skipping</u></p> <p>Revisit Nursery and Reception vocabulary for topic: skip, run.</p> <p>Topic specific: co-ordination, rules.</p> <p>Ongoing Year 1 key words: bounce (body), land, high, low, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, kick, hit, pass, stop, left, right, opposition, dribble, arm, target, steer, overtake, star, tuck, straight, land, log roll, perform, speed, steady boat, control, spin.</p> <p><u>Topic: developing partner work</u></p> <p>Revisit Reception vocabulary for topic: throw, run, skip, roll, bounce.</p> <p>Topic specific: co-ordination, target, bowl, kick, stop, aim, travel, underarm, overarm.</p>

	<p>Ongoing Year 1 key words: Bounce (body), land, high, low, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, bounce, dribble, hit, pass, stop, left, right, opposition, aim, target, steer, overtake, star, tuck, straight, land, log roll, perform, speed, steady beat, control, spin, rules, underarm, overarm, bowl.</p>
<p>Year 2</p>	<p>Revisit Year 1 vocabulary: bounce (body), land, high, low, travel, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, hit, pass, stop, left, right, opposition, aim, target, steer, star, tuck, straight, land, log roll, perform, speed, steady boat, control, spin, rules, underarm, overarm, bowl, sprint, jog, land, height, batting, fielding, space (free space), pass.</p> <p><u>Topic: dance</u></p> <p>Revisit Year 1 vocabulary for topic: speed, body parts</p> <p>Ongoing Year 2 key words: send and receive, agility, forward roll, tension, improvement, handstand, extend, feelings, formation, rhythm, fluency, fluid.</p> <p><u>Topic: yoga</u></p> <p>Revisit Reception vocabulary for topic: balance</p> <p>Revisit Year 1 vocabulary for topic: co-ordination, speed.</p> <p>Topic specific: stretch, strength, breathe.</p> <p>Ongoing Year 2 key words: send and receive, agility, forward roll, tension, improvement, handstand, extend, feelings, formation, rhythm, fluency, fluid.</p> <p><u>Topic: games</u></p> <p>Revisit Nursery and Reception vocabulary topic: run, throw.</p>

	<p>Revisit Year 1 vocabulary topic: dribble, pass, catch, speed, rules, co-ordination.</p> <p>Topic specific: strike, receive, send, team, attack, defend.</p> <p>Ongoing Year 2 key words: send and receive, agility, forward roll, tension, improvement, handstand, extend, feelings, formation, rhythm, fluency, fluid, stretch, strength, breathe.</p>
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SUMMER TERM	
Year Group	Vocabulary
Nursery	<p>Key vocabulary: roll, crawl, walk, run, jump, skip, slide, hop, slither, shuffle, catch, climb, snip, draw, cut.</p>
Reception	<p>Revisit Nursery vocabulary: roll, crawl, walk, run, jump, skip, slide, hop, slither, shuffle, catch, climb, snip, draw.</p> <p>Reception topic specific vocabulary (games): pat, bounce, race.</p> <p>Ongoing Reception keywords: push, pull, throw, kick, follow, lead, copy, gallop, exercise, position, over, under, through, along, direction, control, strong, firm, gentle, heavy, stretch, reach, tense, floppy, space, cut, write, stop, start, heart rate, warm down, cool down, safety.</p>
Year 1	<p>Revisit Reception vocabulary: push, pull, throw, kick, follow, lead, copy, gallop, exercise, position, over, under, through, along, direction, control, strong, firm, gentle, heavy, stretch, reach, tense, floppy, space, cut, write, pat, bounce (ball), race, balance, travel, movement, gesture, dance, create.</p> <p>Topic: games</p> <p>Revisit Nursery and Reception vocabulary for topic: run, jump, walk.</p> <p>Year 1 topic specific vocabulary: co-ordination, jog, height, sprint, land.</p>

	<p>Ongoing Year 1 key words: bounce (body), land, high, low, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, hit, pass, stop, left, right, opposition, aim, target, steer, overtake, star, tuck, straight, land, log roll, perform, speed, steady beat, control, spin, rules, underarm, overarm, bowl, sprint, jog, land, height.</p> <p>Topic: gym</p> <p>Revisit Reception vocabulary for topic: balance, travel.</p> <p>Year 1 topic specific vocabulary: co-ordination, rolls, body parts, performance.</p> <p>Ongoing Year 1 key words: bounce (body), land, high, low, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, hit, pass, stop, left, right, opposition, aim, target, steer, overtake star, tuck, straight, land, log roll, perform, speed, direction, steady beat, control, spin, rules, underarm, overarm, bowl, sprint, jog, land, height.</p> <p>Topic: games</p> <p>Revisit Nursery and Reception vocabulary for topic: throw, run, jump, skip, bounce (ball).</p> <p>Year 1 topic specific vocabulary: pass, strike, catch, co-ordination, overarm batting, fielding, space (free space).</p> <p>Ongoing Year 1 key words: bounce (body), land, high, low, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, hit, pass, stop, left, right, opposition, aim, target, steer, overtake star, tuck, straight, land, log roll, perform, speed, steady beat, control, spin, rules, underarm, overarm, bowl, sprint, jog, land, height, batting, fielding, space (free space), pass.</p>
Year 2	<p>Revisit Year 1 vocabulary: bounce (body), land, high, low, travel, shape, wide, thin, curled, tall, forwards, backwards, fast, slow, body parts, hold shapes, spiky, mirror, float, pattern, sequence, co-ordination, catch, dribble, hit, pass, stop, left, right, opposition, aim, target, steer, star, tuck,</p>

straight, land, log roll, perform, speed, steady beat, control, spin, rules, underarm, overarm, bowl, sprint, jog, land, height, batting, fielding, space (free space), pass.

Topic: games

Revisit Reception vocabulary for topic: throw, balance.

Revisit Year 1 vocabulary for topic: sprint, co-ordination, rules, catch, aim, speed.

Year 2 topic specific vocabulary: score, team, attack, defend, tactics.

Ongoing Year 2 key words: send and receive, agility, forward roll, tension, improvement, handstand, extend, feelings, formation, rhythm, fluency, fluid, stretch, strength, breathe, attack, defend, team.

Topic: gymnastics

Revisit Reception vocabulary for topic: balance.

Revisit Year 1 vocabulary for topic: co-ordination.

Ongoing Year 2 key words: send and receive, agility, forward roll, tension, improvement, handstand, extend, feelings, formation, rhythm, fluency, fluid, stretch, strength, breathe, attach, defend, team, score, tactics.

Topic: dance

Revisit Reception vocabulary for topic: balance, movements.

Revisit Year 1 vocabulary for topic: speed, body parts.

Ongoing Year 2 key words: send and receive, agility, forward roll, tension, improvement, handstand, extend, feelings, formation, rhythm, fluency, fluid, stretch, strength, breathe, attack, defend, score, rules, tactics, points, patches, body weight.